



THE HOURGLASS

Connecting with Caversham

January 2008

Caversham is back in full swing, welcoming 2008 with plenty of enthusiasm! But rather than overwhelm you with our busy upcoming schedule, lets bring you up to date on all that took place in the second half of 2007.

N E T W O R K I N G

Extending the Vision

Personal Vocabulary Exhibition July saw the launch of this exhibition at the Hammonds House in Atlanta, Georgia, USA. We thank all those at **Fulton County Arts Council** who contributed towards the exhibition and the accompanying Catalogue.

Succession Residency From 23 July to 03 August four fellows, Mxolisi Sithole, Nozipho Zulu, Pumlani Mbanya, and Nangamso Tshangana, drawn from our partner institutions of **Durban University of Technology** and **Walter Sisulu University** in East London, attended this residency. This was part of the ongoing **Masabelaneni Residencies** which aim to grow young artists as inspiration, and that result in the establishment of the Caversham CreACTIVE™ Centre network. The CreACTIVE™ Centres' Vision is **Self Belief through Self Expression**.

International Child Development Programme **Jill Sachs**, our **Early Years Education Programmes Manager**, visited Maputo in July to present the Caversham pilot study on the implementation of the ICDP. This programme is implemented in 26 countries around the world and focuses on improving the quality of interaction between adults and children. Jill joined a team headed by **Professor Hundeide** from Oslo and shared the findings from the study with delegates from a number of Southern African countries.

Isipho CreACTIVE™ Centre held an embroidery workshop co-facilitated by Gabi Nkosi and Bongzi Zuma, who specialises in embroidery and is former member of Senzokuhle Women's Group in Mpopomeni, KZN.

Ulwazi CreACTIVE™ Centre A skills transference workshop took place in August. Facilitated by Gabi, this involved 10 unemployed youth from Lidgetton who were identified by the local **uMngeni Municipal Councillor, S.N.Mkhize**.

Anglia Ruskin University, UK **Professor Theodora Papatheodorou**, **Director of Research** at Anglia Ruskin University, and colleague **Janet Gill** visited some early years **CreACTIVE™ Centres** in August and over lunch on Caversham's verandah explored partnership possibilities with Mary James, director of LETCEE and representatives from University of KZN.

Creative Cultural Dialogue Residency From 17th September to 7th October, an international residency with both literary and visual artists took place. We are very grateful to our partner Fulton County Arts Council which continues to make this programme possible. Our participants were Linda Armstrong, an American artist, Genevieve Wood, a South African artist currently based in Japan, Ruth Watson, an American writer based in Atlanta, and Lebogang Mashile, a South African writer and performer.



Caversham Centre AGM This took place at the end of October. Our grateful thanks go to our Board Members for always being at the ready when called upon. The meeting was a successful time of sharing with the highlight being the visit to **Ulwazi CreACTIVE™ Centre**.

Hlanganani CreACTIVE™ Centre Workshop In early November, Gabi and Jabu facilitated a skills transference workshop with 10 participants from the Shiyane Area in Rorke's Drift, including 2 educators from Oscarsberg Primary School, which houses Hlanganani.

Zifumane Ngobuciko CreACTIVE™ Centres situated at Kwambonambi, has been identified as the Caversham eYe programme laboratory. This is guided by **Susan Bonney**, our highly competent and experienced regional manager who has taken **Khanya Sibiya** under her wing as the first eYe mentee. This talented young woman is currently completing the Caversham Higher Certificate in ECD. Sharing her passion and knowledge with others, she is a source of inspiration to early years teachers in Zululand.

"Caversham has taught me first to love myself, in doing so I am able to understand children's minds and not to allow other people to rule my life. I am going to be something someday I can be proud of and my son too, but not only just us but all women and children of South Africa. Thank you Caversham for inspiring me!!"
Khanya Sibiya

Sure Start Team, Northern Ireland Along with the ongoing in-house and beyond Caversham development of the Hourglass Programmes, Jill Sachs offered a workshop session to the **Sure Start Team in Northern Ireland** in November. This highly skilled team works with families in the Craigavon area. The workshop gave the participants some insight into challenges experienced in South Africa as well as providing evidence of how the Hourglass Process can be effective in different settings.

HIV and Me Workshop, UKNZ At the beginning of December, Gabi and Vuli Nyoni ran this annual five day workshop at UKNZ, with ten participants from underserved communities. For the first time, two young people from the **Ulwazi CreACTIVE™ Centre** worked with the artists.

Eluleka representative Zhane Warren visited Caversham during August. Eluleka, a Belgium-based arts initiative, donated an **Etching Press** to Ulwazi CreACTIVE™ Centre. Ulwazi was established in 2002 and its weekend workshops are attended on average by 30 children from the immediate community of Lidgetton. This generous gift by Eluleka has made it possible for Caversham to grow and expand printmaking skills and programmes at Ulwazi. When the Press was installed at Ulwazi, the children were overwhelmed with excitement! Gabi ran the first relief print workshop with the children using the press in early November 2007.



I N N O V A T I O N

Continually evolving

A very exciting initiative kicked off last year, with the exploration of a possible partnership between **Caversham and Ardmore**. Discussions have reached an advanced stage and the outlook is bright. The collaborative initiative has been named **UKWABA**, the isiZulu word for the exchange of gifts at a marriage. The name describes accurately the manner in which the collaborative initiative is planned to work. Once details are finalized, we will share more with you!

Another exciting development is the completion and submission of materials for the Higher Certificate: **ECD**, a nationally and internationally recognised qualification at NQF level 5. Extensive work has been done on this and the materials, which embody creativity and use the Hourglass Process in microcosm, were used in a pilot year to train 50 early years teachers across KZN.

University of Montana Currently dialogue is taking place with **Professor Lynne Koester**, Department of Psychology & Intercultural Youth and Family Programme at the University, on a possible intern and exchange programme which will link early childhood development, creativity and the arts.

Friends of Caversham is planning to launch at the end of May, with an open day and exhibition at Caversham, so keep an eye on the blogsite, although you will receive notification. Once again, Nicky Du Plessis and Sharlene Versfeld are assisting with this initiative.

I N S P I R A T I O N

Inspiration in the Individual and the Individual as Inspiration

CONTINUING INSPIRATION IN THE INDIVIDUAL

For Gabi, the second half of 2007 was filled with connections – many being reconnections with people with whom she has worked previously. This in itself is very satisfying as it emphasizes the on-going impact that Caversham has beyond its immediate environment. Along these lines, Gabi feels she would like to work with groups for longer periods i.e. Caversham Fellows returning to Caversham in a '*home, beyond Caversham, and then back home*' cycle. She believes this would reinforce further the creative and leadership skills learned.

While Gabi herself remains a source of inspiration to many, she too gains inspiration from those with whom she works. For more on this see *Individuals as Inspiration* below. Gabi also reconnected with Thulani Makhaya, a school-friend who is now the Education Officer at the Tatham Gallery.



SPREADING INSPIRATION

Ros and Alan Share, Gabi's long-standing friends and supporters donated **10 sets of Lino tools** to use at the CreActive™ Centre. Gabi and Caversham wish to thank them both for their ongoing invaluable support and generosity.

Isipho CreActive™ Centre, Mtubatuba **Khululilwe Mabanga** received a letter from Mr. Mfanomncane Dlomo, a councilor in her community, requesting a 'wish list' for the Centre.

Alice Lovelace, an American writer and Caversham Fellow, sent gift boxes for all the children at **Ulwazi CreActive™ Centre**, and facilitated the establishment of pen-pals between the children of Atlanta and Ulwazi.

Dr Ndlovu, renowned for his knowledge of traditional medicine, visited Ulwazi to share his knowledge with the children.

As a result of the Caversham Website, Caversham was visited by representatives of the **Amathole Trust**, an art community based in the Eastern Cape. The Trust is hoping to set up a residency-based programme in their area.

INDIVIDUALS AS INSPIRATION

We have 15 individual sources of inspiration for you this time! Known as The Gogos, these amazing elderly women have demonstrated the power of harnessing individual determination for the greater good.

This group had formed to develop gardening and craft as an income source in the Lidgetton community. Gabi was invited to help energise and inspire them, and she ran a three-day workshop with them. At the end of 2007, with the assistance of social workers and others, the Gogos purchased 50 hectares of land in their area. There are existing buildings which are planned to house their craft centre, as well as sheds for raising chickens. The Gogos are planning to run a soup kitchen with the products from their garden, and Gabi's vision of establishing an iKhambi (medicinal herb garden) may become a reality.



FUNDERS AND FUNDING

We once again thank our funders, all of whom are highly valued, for their continued support for the Caversham Vision. They are:

- W.K.Kellogg Foundation
- Fulton County Arts Council, USA
- The National Arts Council.

Our thanks go to all those who have given support in kind:

- Dahler Rowney/ Colourcraft/ Parker Craft who sponsored materials for a Printmaking Workshop
- Daniel's Flooring for their ongoing support in kind for the CreActive™ Centres.

CONTINUING THE CONNECTION

Please feel free to share comments with us, through any of the following:

Caversham Blogsite www.hourglassprocess.org

Email jabu@caversham.org.za

View our website <http://www.cavershamcentre.org/>

Postal address P.O.Box 87 Balgowan 3275 KZN

Telephone Telephone/Facsimile +27 (0)33 234 4893